

# HEALTH-O-RHYTHM

## 2020

7th-8th APRIL 2020

Venue: Chitkara University, Himachal Pradesh

Time: 9.00 AM to 4.00 PM

*Zeal to Heal*

### WHO SHOULD ATTEND?

Exclusive invitation to  
all nurses, nursing student  
and nursing faculty

Prizes: MINIPADS, Cash Prizes and many more



**CHITKARA  
UNIVERSITY**

HIMACHAL PRADESH



**KG**  
KINDSHELL GLOBAL

**2020 is our year!**

**“Nurses: A Voice to Lead-Nursing the World to Health”  
YEAR OF THE NURSE AND MIDWIFE**

[www.chitkarauniversity.edu.in](http://www.chitkarauniversity.edu.in)

There comes a time in every profession's history that will forever define the moment of "before and after", and for the nursing profession, that time is now. Hence Chitkara University, Himachal Pradesh in collaboration with Kindshell global brings in Health-O-rhythm- the biggest annual event for nurses in India. The only event which involves not just the nursing students but clinical nurses, nurse educators, academicians and nurse administrators. The one of its kind witnessing the fusion of nursing institutes and hospital industry.

## **HEALTH-O-RHYTHM WHAT**

A 2-day event that brings Nurses and Budding nurses across the globe together to take on human health problems by creating solutions in a supportive setting with colleagues and mentors.

## **WHO SHOULD ATTEND**

If you are a nurse who has had an idea or product that you've wanted to create to transform healthcare or patient care - this is the event for you!

Desire to experience "innovation" and "design thinking" with other incredible healthcare leaders - this is it!

- Are a problem-solver in all things related to patients - you can't miss this!
- Are a natural "MacGyver" at the bedside - this event is for you!
- Have been looking for nurses of your "tribe" who believe they have the knowledge, expertise and know-how to transform the future of healthcare - then come and meet them!
- Grab a friend, come by yourself - just come network, learn, innovate and participate
- Student Nurses
- Nurse Educators
- Clinical Nurses
- Nursing Administrator
- Nursing faculty
- Nursing Leaders

## **WHY to ATTEND**

This event will be one of the greatest Nurse Innovation events in history in India - and you don't want to miss it! An opportunity to bring your ideas and meet the incredible team of nurses who are working to help us transform the future of human health, healthcare and nursing!

## **About CHITKARA UNIVERSITY**

Chitkara University College of Nursing (CUCN): Keeping in view the World Health Organization's (WHO) theme of 'Working Together for Health', Chitkara University, HP established Chitkara University College of Nursing in 2019 to train and develop WORLD CLASS NURSES to facilitate healthcare services at the grass root, and meet the global demand.

## **About KINDSHELL GLOBAL**

Kindshell Global is a Nursing Career Consultation Organization based in Canada. We provide education and career focused consulting services to internationally educated nurses who wish to obtain suitable employment in North America.

## WELCOME MESSAGE

Chitkara University, Himachal Pradesh, India feels extremely proud and privileged to invite you to attend HEALTH-O-RHYTHM 2020 being organized by the Chitkara University College of Nursing (CUCN), from 7th - 8th April 2020. The theme of this event is as given by WHO "Nurses: A Voice to Lead – Nursing the World to Health."

This Health-O-rhythm is a hosted event where renowned international and national nursing experts will collaborate to test their knowledge, bring ideas, form a team and develop a product or service for the great-good healthcare in condensed timeframe and a competitive environment: it's the future of innovation. It's a blend of technical and cultural events: there is something for everyone. The 2-day event includes innovations: nurses, skills & simulation in nursing, academic quiz: knowledge, mime: express other side of nursing, debate: need to change, model making: creativity, poster presentations and cultural events.

## TECHNICAL & CULTURAL EVENTS

### TECHNICAL EVENTS

- Nurses Innovate
- MIME
- cueME
- Closed Loop Skill Challenge
- Parley
- Models
- Poster Presentation

### CULTURAL EVENTS

- TOP-IT-UP
- Art Nouveau
- Mr. and Ms. Health-O-Rhythm'20
- Rangoli
- Face the Music
- Symphony
- Falsifier

## REGISTRATION FEE & PRIZES

### Events

Technical (except-poster presentation)

Cultural

Poster Presentation

### Registration Fee

Rs 500/participant

Rs 300/participant

Rs 500/participant for students and clinical nurses  
Rs 1000/participant for Faculty, Educator and Nurse Leader

**For Accommodation: Rs 500 per night per person (Include meals)**

**Last date of Registration: 20th March, 2020**

### Prizes

- First and Second winners in each category of technical and cultural events will be awarded.
- Winner of **Closed Loop Skill Challenge** and **Poster Presentation** will be awarded with **MINIPAD**.
- For other technical events, there are also cash prizes for the winners.  
(1<sup>st</sup> Prize: ₹ 3000, 2<sup>nd</sup> Prize : ₹ 2000)

**MANY MANY MORE EXCITING PRIZES**

**!!! DON'T MISS IT !!!**

**TUESDAY EVENING LAUGHTER WITH STANDUP COMEDIAN PRITISH NARULA  
GET READY FOR ALL THE GIGGLES**

## ORGANIZING COMMITTEE

### CHIEF PATRON

**Dr Ashok K Chitkara**

Chancellor  
Chitkara University, Himachal Pradesh

**Dr Madhu Chitkara**

Pro Chancellor  
Chitkara University, Himachal Pradesh

### PATRON

**Dr Varinder S Kanwar**

Vice Chancellor  
Chitkara University, Himachal Pradesh

### ORGANIZING CHAIRPERSON

**Ms Bandana Bisht**

Principal  
Chitkara University College of Nursing

**Ms Shailadi Gupta**

CEO  
Kindshell Global, Brampton, Canada

### ORGANIZING SECRETARY

**Ms Navdeep Kaur**

Vice-Principal  
Chitkara University College of Nursing

### REGISTRATION COMMITTEE

**Ms Ranjana Dhiman**

Assistant Professor  
Chitkara University College of Nursing

**Ms Mridul**

Clinical Instructor  
Chitkara University College of Nursing

### ACCOMODATION COMMITTEE

**Col Jaspal Singh Gill (Retd)**

Dean - Student Support Services  
Chitkara University, Himachal Pradesh

**Ms Dhariti Sharma**

Clinical Instructor  
Chitkara University College of Nursing

### FOR REGISTRATION

<https://paym.chitkara.edu.in/hlth/index.php>

Contact: Dhariti Sharma | 8580660558  
Savita Bajaj | 9896662545

