

# NCC VISIT TO AIR FORCE STATION, KASAULI

"Experience the Skies"

Name Of Event: Visit to Airforce Station, Kasauli

Date: 21 October, 2024

<u>Aim:</u> To interact with the Air force officials, and know about the radars, network system and communication technologies used in the Indian Air force.



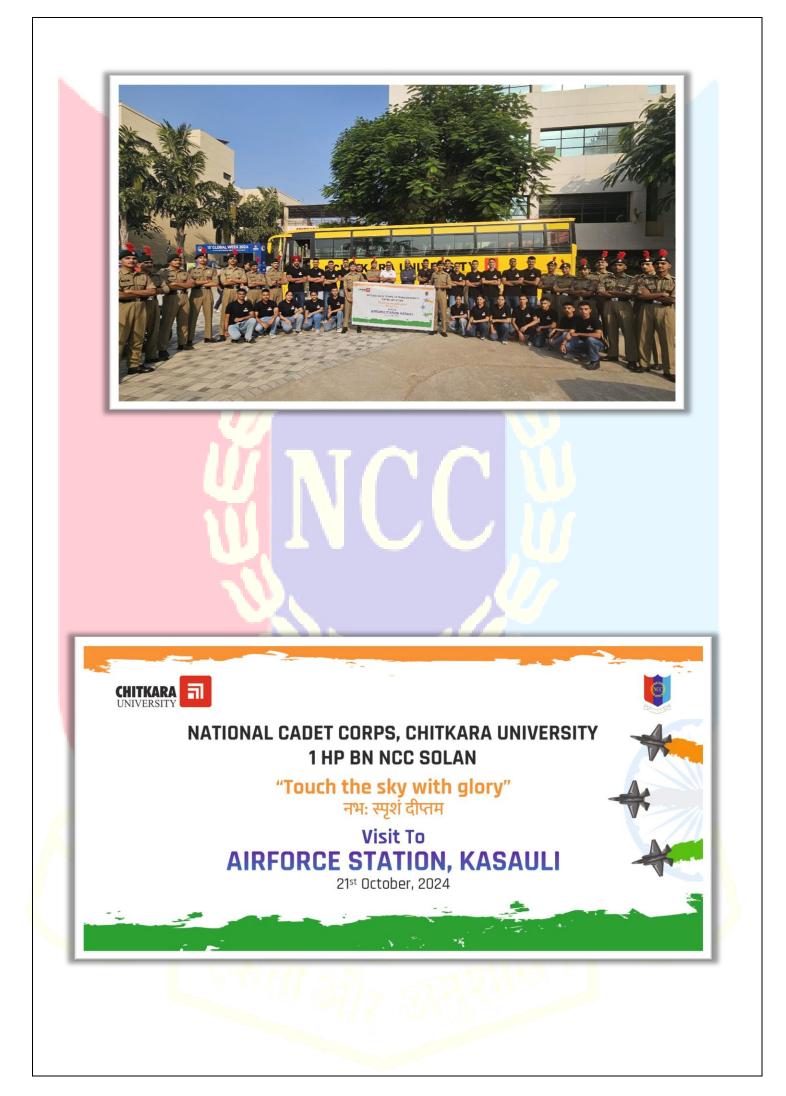
### Visit to Airforce Station, Kasauli

The day of 21st October, 2024 began with the sense of excitement as the NCC cadets of Chitkara University, Baddi, embarked on a visit to the Indian Air Force Station, Kasauli. A total of 41 NCC cadets were accompanied by ANO Capt. Anil Rana Sir and Wing Commander Rajesh Kumar Sir. The event aimed to provide firsthand knowledge about the Indian Air Force's technical operations and equipment's, also enhancing their understanding of communication and defence strategies.

Upon entering the Air Force Station, the cadets received a warm welcome from the Air Force officials. A photo session was held at the entrance featuring the officials of the Air Force. Following that, the cadets were divided into two groups and guided through the technical areas of the station. They were introduced to the latest equipment being used by the Indian Air Force in wartime communication scenarios and various other operations. The cadets learned about different types of radars, the IAF network, and the communication systems utilized for border area coordination. They were also briefed on the working of communication towers and long-range radars. They were also given brief about the arms that are being used currently at that station. After an informative tour, the cadets were taken to the Air Force Station Mess for lunch, followed by a visit to the renowned Temple before concluding their journey. At last, ANO Capt. Anil Rana Sir expressed a sense of gratitude to them for providing this opportunity to the cadets.

This event had a significant impact on the cadets, providing them with valuable tactical and strategic knowledge.





Visit to Airforce Station, Kasauli Cadets List		
S. No.	Name	University ID
1.	Abhinash	2411981024
2.	Adarsh Chandel	2417981007
3.	Aryan	2413986008
4.	Aryan malik	2411981126
5.	Aryan Thakur	2411981133
6.	Chetna	2411981170
7.	Eddam Goyal	2411981206
8.	Laksh Rathor	2411981306
9.	Lovkesh	2411981316
10.	Manik kaushal	2411981321
11.	Niharika	2417981582
12.	Ishant Sharma	2411981245
13.	Parth Grover	2417981100
14.	Sakshi chopra	2416981041
15.	Saurav sharma	2411981514
16.	Shivangi garg	2417981076
17.	Shubham Thakur	2411981543
18.	Sudeep Singh	2413986049
19.	Tarun	2411981582
20.	Tanmay Garg	2411981573
21.	Varinder Singh	2411981615
22.	Vedanshi	2411981618
23.	Vishesh	2411981623
24.	Aditya	2311981033
25.	Ansh Rana	2311981089
26.	Divyansh Kumar Sharma	2311981191
27.	Guddu Sharma	2311981209
28.	Harshit Sood	2317981104
29.	Kartik Kumar Agnihotri	2311981273
30.	Katyaini Chauhan	2311981624
31.	Mannu	2316981050
32.	Lalit Chaturvedi	2311981310
33.	Nishant	2311981354
34.	Saksham Thakur	2311981448
35.	Saransh Aggarwal	2317981101
36.	Ujval Singh	2317981106
37.	Vikarshit Singh	2311981583
38.	Yuvraj Randhawa	2311981603
39.	Anshul Garg	2213986005
40.	Lakshay Tiwari	2217981039
41.	Rajkumar	2111981150



# INDIAN ARMY DAY

"Service before Self"

#### Name Of Event: INDIAN ARMY DAY

Date: 15 January, 2025

<u>Aim:</u> To celebrate 77<sup>th</sup> INDIAN ARMY DAY and honour their contribution towards the nation.





### INDIAN ARMY DAY

On 15th January 2025, the cadets of Chitkara University, Himachal Pradesh, celebrated Indian Army Day with great enthusiasm to honour and remember the bravery and sacrifices of the Indian Army. The celebration was graced by the presence of the Col. Rajiv Thomas, Commanding Officer, 1 HP BN NCC Solan, along with the PI staff, who added immense value to the occasion.

The day commenced with the formal piloting of the honoured guest, Col. Rajiv Thomas. The cadets extended a warm welcome to the guest. One of the highlights, was a heartfelt play performed by the NCC cadets, which vividly depicted the Pulwama attack and India's courageous response through a surgical strike. Following the play, ANO Capt. Anil Rana Sir presented the CO with a token of appreciation and respect. In his subsequent address, Col. Thomas enlightened the cadets with inspiring words, encouraging them to ignite the force within themselves and work diligently to achieve their goals despite challenges. A group photo session with Col. Thomas and the cadets captured the essence of the day and marked a cherished memory for all participants. The event transitioned into an educational and interactive session led by the PI staff, specifically aimed at cadets preparing for the BEE and CEE examinations. This session covered a range of practical and theoretical topics.

The celebration of Indian Army Day at Chitkara University was a resounding success, achieving its aim of honouring the Indian Army while inspiring and empowering the cadets to strive for excellence.





INDIAN ARMY DAY		
	Cadets List	
No.	Name	University ID
l	Aarav Guleria	2411981004
2.	Abhinash Tutania	2411981024
3.	Abhinav Singh	2411981026
1.	Adarsh Chandel	2417981007
5.	Aditya Sharma	2411981041
<i>5</i> .	Aniket Saini	2411981079
7.	Aryan Malik	2411981126
3.	Aryan Patyal	2413986008
).	Aryan Thakur	2411981133
0.	CHETNA	2411981170
1.	Eddam Goyal	2411981206
2.	Laksh Rathor	2411981306
3.	LOVKESH	2411981316
4.	Manik Kaushal	2411981321
5.	Parth Grover	2417981100
6.	Sakshi	2416981041
7.	Saurav Sharma	2411981514
8.	Shivangi Garg	2417981076
9.	Shubham Thakur	2411981543
0.	Sudeep Singh	2413986049
l.	Tanmay Garg	2411981573
2.	Tarun	2411981573
3.	Umesh Chand Sharma	2411981582
).  .		2411981601
F. 5.	Varinder Singh	
	VEDANSHI VISHESH	2411981618
5. 7		2411981623
7.	Aditya	2311981034
3.	Aditya Sharma	2311981033
).	Ansh Rana	2311981089
).	Aryan Thakur	2311981125
	Harshit Sood	2317981104
2.	Kartik Kumar Agnihotri	2311981273
3.	Katyaini Chauhan	2311981624
1.	Mannu	2316981050
	Nishant	2311981354
	Shivansh	2311981480
7.	Saksham Thakur	2311981448
8. 🦰	Saransh Aggarwal	2317981101
9.	Ujval Singh	2317981106
0.	Vikarshit Singh	2311981583
1.	Yuvraj Randhawa	2311981603
2.	Akshita	2211981044
3.	Aman Birthal	2211981045
4.	Ankesh Kumar	2211985007
5.	Kamal Singh	2211 <mark>9</mark> 81186
6.	Lakshay Tiwari	2217981039
7.	Nisha	2216981021
8.	Prity kumari	2216981025
9.	Ritu Raj Sharma	2211981311

50.	Saneha Bhatia	2211985044
51.	Shivani Thakur 🔟	2216981031
52.	Shreni Kaushal	2211985047
53.	Shubham Thakur	2211981385
54.	Simran Thakur	2211981387
55.	Tarun Rana	2211985052

VCC



# ENROLLMENT-2024

#### Enrollment for Batch 2024

#### Name Of Event: NCC Enrollment 2024

Date: 09 Sept. 2024

<u>Aim:</u> NCC Enrollment took place at the campus of Chitkara University for Batch 2024.



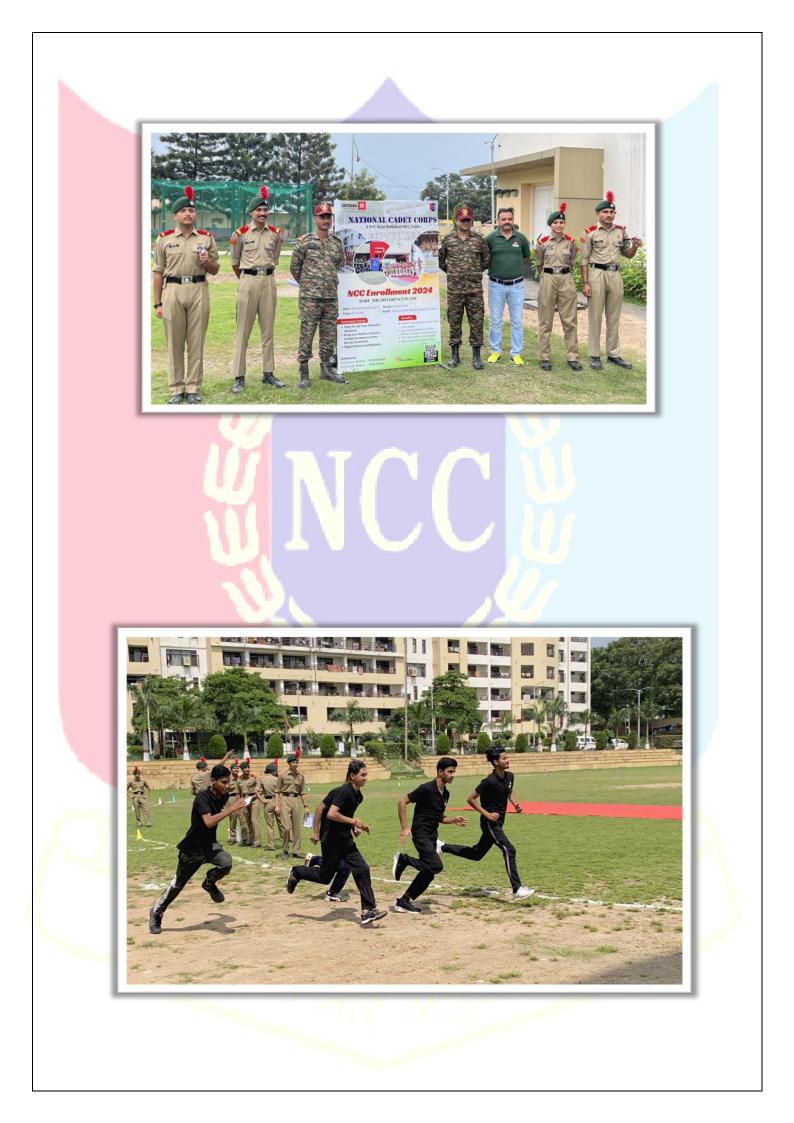
## NCC Enrollment

On 09 September 2024, enrollment for batch 2024 was organized at the campus of Chitkara University, Himachal Pradesh. Chitkara University initiated its NCC enrollment program with aim to encourage the students to be a responsible citizen of our nation. Enrollment was open for both male and female students of First Year. The day began with NCC Cadets briefing the candidates about the enrollment process.

The rate of participation has been encouraging, with a total of 62 students from 1<sup>st</sup> year who actively participated in it. Two staff personnel from NCC Unit 1 HP BN NCC Solan, Naib Subedar Sanjeev Kumar and Havaldar Ajay Kumar, witnessed the whole process. The process included a variety of events starting with the height measurements, and they were allotted a token number for further process. The first stage involved a running test of 600 M for boys and 400 M for girls, which evaluated the endurance, stamina and physical fitness of the participants. Further, the process involved a long jump for both categories, where students participated actively. Following this, boys performed a few sets of crunches. After the physical evaluations, each candidate appeared for the Written test, which assessed their general knowledge, understanding of current affairs, and awareness about NCC. The performance of students in both the physical and written tests was taken into consideration for the final result. A total of 19 SD's and 08 SW's were selected, along with the cadets in the reserve category. Further, the candidates were shortlisted for a small interview round, discussing their reasons for joining NCC. PI Staff also briefed the 2<sup>nd</sup> and 3<sup>rd</sup> year cadets, focusing on their B & C certificate exam, weapon handling, and drill. The session was highly informative.

Chitkara University hosted the PI Staff cheerfully and facilitated them for conducting the whole process. The event was concluded by providing refreshments to all the cadets, boosting their morale. Selected cadets are expected to undergo their training in a few days.





S. No.	Name	University ID
1.	Aman Birthal	2111981045
2.	Lakshay Tiwari	2217981039
3.	Kamal Singh	2211981186
4.	Simran Thakur	2211981387
5.	Aditya	2311981034
6.	Aditya Sharma	2311981033
7.	Ansh Rana	2311981089
8.	Divyansh	2311981191
9.	Harshit Sood	2317981104
10.	Kartik Kumar	2311981273
11.	Katyaini Chauhan	2311981624
12.	Nishant	2311981354
13.	Saksham Thakur	<mark>231</mark> 1981448
14.	Saransh Aggarwal	2317981101
15.	Ujval Singh	2317981106
16.	Vikarshit	2311981583
17.	Yuvraj Randhawa	2311981603
18.	Guddu Kumar Sharma	2311981209
19.	Aryan Thakur	2311981125
20.	Anushka Sharma	2317981011
21.	Mannu	2316981050
22.	Akshita	2211981044
23.	Ankesh Kumar	2211985007
24.	Anshul Garg	2213986005
25.	Saneha Bhatia	2211985044
26.	Shreni Kaushal	2211985047
27.	Shubham Thakur	2211981385
28.	Tarun Rana	2211985052
29.	Jogender	2213986021
30.	Nisha	2216981021
31.	Shivani Thakur	2216981031



# WORLD FIRST AID DAY

To tackle basic emergency situations in daily life

#### Name Of Event: World First Aid Day

Date: 14 September, 2024

<u>Aim:</u> To make the cadets aware about administering First Aid, with practical demonstration and hands-on practice sessions.



## World First Aid Day

On 14 September, 2024 a First Aid Workshop was organised by NCC Cadets on the occasion of World First Aid Day along with the Nursing Department of Chitkara University, Baddi that aims to enhance the cadets' understanding in administering First Aid and focused on basic lifesaving skills like CPR and other emergency tactics. The workshop was attended by 32 cadets and various First Aid techniques were demonstrated to them by Trained Nursing Faculty.

The workshop was started with a seminar, delivered by experienced nursing faculty, emphasizing the importance of First Aid and its need. The speaker highlighted the significance of remaining calm and composed in emergency situations with appropriate actions to tackle it. Further, Cadets were divided among 6 groups and each group was allotted a Station where practical demonstrations were given by Nursing Students. Each station was demonstrating a different situation like CPR, Animal bites, Types of Wounds, Usage of bandages, transportation of injured person and basic First Aid components and their usage. Cadets did hands-on practice of several techniques providing them knowledge and experience. The interactive nature of the workshop ensured that each participant had the opportunity to engage and practise the first aid techniques. It helped them build confidence and prepare them to respond effectively in real-life emergencies.

Event was concluded by facilitating the Nursing faculty and a group photo with them. The workshop helped the cadets to know more about First Aid, thereby contributing to a safer and more prepared society. It also encouraged everyone to take up the responsibility of learning and spreading these essential skills.





S. No.	Name	University ID
1.	Aman Birthal	2111981045
2.	Lakshay Tiwari	2217981039
3.	Kamal Singh	2211981186
4.	Simran Thakur	2211981387
5.	Aditya	2311981034
6.	Aditya Sharma	2311981033
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8.	Divyansh	2311981191
9.	Harshit Sood	2317981104
10.	Kartik Kumar	2311981273
11.	Katyaini Chauhan	2311981624
12.	Nishant	2311981354
13.	Saksham Thakur	2311981448
14.	Saransh Aggarwal	2317981101
15.	Ujval Singh	2317981106
16.	Vikarshit	2311981583
17.	Yuvraj Randhawa	2311981603
18.	Guddu Kumar Sharma	2311981209
19.	Aryan Thakur	2311981125
20.	Anushka Sharma	2317981011
21.	Mannu	2316981050
22.	Akshita	2211981044
23.	Ankesh Kumar	2211985007
24.	Anshul Garg	2213986005
25.	Saneha Bhatia	2211985044
<b>2</b> 6.	Shreni Kaushal	2211985047
27.	Shubham Thakur	2211981385
28.	Tarun Rana	2211985052
29.	Jogender	<mark>2213986021</mark>
30.	Nisha	2216981021
31.	Shivani Thakur	2216981031
32.	Lalit	23119 <mark>8</mark> 1310



# FIT INDIA WEEK

"Live life a healthy style."

#### Name Of Event: Fit India Week

Date: 29 November, 2024

<u>Aim:</u> To celebrate Fit India week & encourage cadets to live a healthy lifestyle.



#### NCC W NCC W NCC W NCC W

### FIT INDIA WEEK

During Last week of November, the cadets of Chitkara University, Himachal Pradesh, enthusiastically celebrated Fit India Week, engaging in a series of activities aimed at promoting physical health, mental well-being, and intellectual growth. The week was a perfect blend of fitness, mindfulness, and intellectual engagement, reflecting the principles of the Fit India Movement.

The celebration began with the early morning Cross-Country Run, where the cadets showcased their stamina and determination. After an enthusiastic run, the cadets embarked on a trek to the Shiv Temple. Surrounded by serene landscapes, the cadets engaged in yoga and meditation activities that significantly contributed to their physical and mental well-being. These practices helped the cadets improve their flexibility, reduce stress, and enhance focus and emotional stability. By incorporating yoga and meditation into their routine, the cadets experienced the holistic benefits of aligning the mind and body. Later, the cadets participated in a Debate Competition held at campus. Debating also fostered teamwork, contributing to the overall personality development of the cadets. The cross-country run, trekking, yoga session, and debate competition collectively served as a comprehensive approach to promoting a healthier, more disciplined, and well-rounded lifestyle among the cadets.

The celebration concluded on a high note, with the cadets leaving the events motivated and inspired to incorporate fitness and mindfulness into their daily lives. Fit India Week at Chitkara University was a true testament to the commitment of the cadets and the university in fostering a culture of health, wellness, and intellectual growth.





FIT INDIA WEEK			
Cadets List			
S. No.	Name	University ID	
1.	Aarav Guleria	2411981004	
2.	Abhinash Tutania	2411981024	
3.	Abhinav Singh	2411981026	
4.	Adarsh Chandel	2417981007	
5.	Aditya Sharma	2411981041	
6.	Aniket Saini	2411981079	
7.	Aryan Malik	2411981126	
8.	Aryan Patyal	2413986008	
9.	Aryan Thakur	2411981133	
10.	CHETNA	2411981170	
11.	Eddam Goyal	2411981206	
2.	Laksh Rathor	2411981306	
13.	LOVKESH	2411981316	
4.	Manik Kaushal	2411981321	
15.	Parth Grover	2417981100	
6.	Sakshi	2416981041	
17.	Saurav Sharma	2411981514	
18.	Shivangi Garg	2417981076	
19.	Shubham Thakur	2411981543	
20.	Sudeep Singh	2413986049	
21.	Tanmay Garg	2411981573	
22.	Tarun	2411981582	
23.	Varinder Singh	2411981615	
4.	VEDANSHI	2411981618	
5.	VISHESH	2411981623	
<i>6</i> .	Aditya	2311981034	
7.	Aditya Sharma	2311981033	
28.	Ansh Rana	2311981089	
9.	Aryan Thakur	2311981125	
0.	Divyansh Kumar Sharma	2311981191	
1.	Guddu Kumar Sharma	2311981209	
2.	Harshit Sood	2317981209	
3.	Kartik Kumar Agnihotri	2311981273	
4.	Katyaini Chauhan	2311981273	
5.	Lalit Chaturvedi	2311981024	
<i>5.</i> <i>6.</i>	Mannu	2316981050	
0. 7.	Nishant	2310981050	
7. 8.	Shivansh	2311981334	
39.	Saksham Thakur	2311981448	
0.	Saransh Aggarwal	2317981101	
1.	Ujval Singh Vikewskit Singk	2317981106	
2.	Vikarshit Singh	2311981583	
13.	Yuvraj Randhawa	2311981603	
<b>14</b> .	Akshita	2211981044	
15.	Aman Birthal	2211981045	
6.	Ankesh Kumar	2211985007	
7.	Anshul Garg	2213986005	
8.	Gaurav Sharma	2213986016	
9.	Jogender	2213986021	

50.	Kamal Singh	2211981186
51.	Lakshay Tiwari 👝	2217981039
52.	Nisha	2216981021
53.	Prity kumari	2216981025
54.	Ritu Raj Sharma	2211981311
55.	Saneha Bhatia	2211985044
56.	Shivani Thakur	2216981031
57.	Shreni Kaushal	2211985047
58.	Shubham Thakur	2211981385
59.	Simran Thakur	2211981387
60.	Tarun Rana	2211985052

VC.



# **INDEPENDENCE DAY**

"Freedom in mind, Faith in the words and Pride in our souls"

#### Name Of Event: Independence Day

Date: 15 August, 2024

<u>Aim:</u> To pay tribute to the thousands who laid down their lives so that our country can breathe this day.



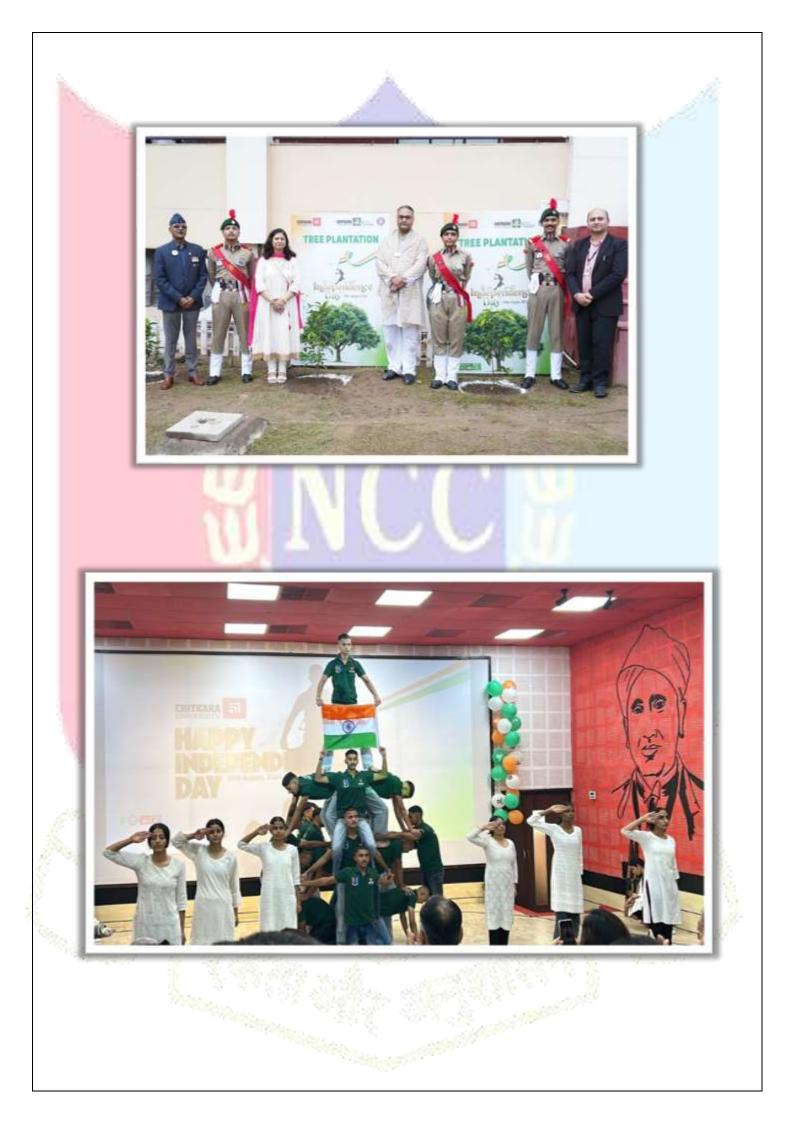
## Independence Day

On 15 August 2024, 32 NCC Cadets of Chitkara University, Baddi celebrated India's 78<sup>th</sup> Independence Day with great zeal and enthusiasm. The event took place at the University Campus and was marked by a series of meaningful activities. Several dignitaries along with Chief Guest Dr. Rajnish Sharma Vice Chancellor, Chitkara Uni, HP were present in the event.

The day commenced by escorting of Chief Guest to the venue, for Flag Hoisting Ceremony (by NCC Cadets). As the tricolour fluttered in the air, the National Anthem was sung, filling the atmosphere with patriotic zeal. Further, NCC Cadets showcased their Drill performance which was led by Cadet Aman Birthal; followed by Cadet Kamal Singh holding the NCC Flag. A significant highlight of the day was the Rank Ceremony of NCC Cadets. 5 cadets of NCC Batch 2022 were promoted to the rank of SUO (1) & JUO's (4), recognizing their hard work and leadership qualities. The Chief Guest along with higher authorities of Chitkara University conferred the rank of SUO to Cdt. Aman; further Cdt. Kamal Singh, Cdt. Lakshay Tiwari, Cdt. Rituraj, Cdt. Simran was promoted to the rank of JUO. It was followed by the facilitation of NCC Cadets who won several medals in CATC- 190 being held at MMU, Solan and Vibrant Village Camp at Kalpa. The cadets were appreciated for their achievements and contributions. In gesture to conserve the environment, the Chief guest along with NCC Cadets & higher authorities of Uni. Planted trees, symbolizing a commitment to a greener future.

The celebrations were concluded with a vibrant cultural program, where students showcased their talents. Cadets performed a patriotic-themed play and got appreciation. Refreshments were provided to all the participants, marking the successful conclusion to the event The event not only honoured the sacrifices of freedom fighter but also create a sense of responsibility towards the nation among students and staff.





1.         Aman Birthal         2111981045           2.         Lakshay Tiwari         2217981039           3.         Kamal Singh         2211981186           4.         Ritu Raj Sharma         2211981311           5.         Simran Thakur         2211981387           6.         Aditya         2311981034           7.         Aditya Sharma         2311981033           8.         Ansh Rana         2311981089           9.         Divyansh         2311981089           9.         Divyansh         2311981089           9.         Divyansh         2311981089           9.         Divyansh         231198104           11.         Kartik Kumar         2311981273           12.         Katyaini Chauhan         2311981624           13.         Nishant         231198154           14.         Saksham Thakur         2311981624           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231198100	S. No.	Name	University ID
3.         Kamal Singh         2211981186           4.         Ritu Raj Sharma         2211981311           5.         Simran Thakur         2211981387           6.         Aditya         2311981034           7.         Aditya Sharma         2311981033           8.         Ansh Rana         2311981033           9.         Divyansh         2311981089           9.         Divyansh         2311981191           10.         Harshit Sood         2317981104           11.         Kartik Kumar         2311981273           12.         Katyaini Chauhan         231198154           13.         Nishant         2311981354           14.         Saksham Thakur         2311981354           14.         Saksham Thakur         2311981448           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         231198103           19.         Guddu Kumar Sharma         231798101           21.         Mannu         2316981050           22.         Akshita         2211981044 <t< td=""><td>1.</td><td>Aman Birthal</td><td>2111981045</td></t<>	1.	Aman Birthal	2111981045
4.         Ritu Raj Sharma         2211981311           5.         Simran Thakur         2211981387           6.         Aditya         2311981034           7.         Aditya Sharma         2311981033           8.         Ansh Rana         2311981033           8.         Ansh Rana         2311981039           9.         Divyansh         231198104           10.         Harshit Sood         2317981104           11.         Kartik Kumar         2311981624           13.         Nishant         231198154           14.         Saksham Thakur         2311981624           13.         Nishant         2311981624           14.         Saksham Thakur         2311981624           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         231798106           17.         Vikarshit         2311981633           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231798101           21.         Mannu         2316981050           22.         Akshita         2211985007           24.         Anshul Garg         2211985007           <	2.	Lakshay Tiwari	2217981039
5.         Simra Thakur         2211981387           6.         Aditya         2311981034           7.         Aditya Sharma         2311981033           8.         Ansh Rana         2311981033           9.         Divyansh         2311981089           9.         Divyansh         231198104           10.         Harshit Sood         2317981104           11.         Katyaini Chauhan         2311981523           12.         Katyaini Chauhan         231198154           13.         Nishant         231198154           14.         Saksham Thakur         2311981624           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981101           16.         Ujval Singh         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231198100           21.         Mannu         2316981050           22.         Akshita         2211985007           24.         Ankesh Kumar         2211985007           24.         Anshul Garg         2211985044           26.         Shreni Kaushal         2211985047 <tr< td=""><td>3.</td><td>Kamal Singh</td><td>2211981186</td></tr<>	3.	Kamal Singh	2211981186
6.         Aditya         2311981034           7.         Aditya Sharma         2311981033           8.         Ansh Rana         2311981089           9.         Divyansh         2311981089           9.         Divyansh         231198104           10.         Harshit Sood         2317981104           11.         Katrik Kumar         2311981273           12.         Katyaini Chauhan         2311981624           13.         Nishant         231198154           14.         Saksham Thakur         231198106           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         2311981603           19.         Guddu Kumar Sharma         231198100           21.         Mannu         2316981050           22.         Akshita         221198104           23.         Ankesh Kumar         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2211985047           27.         Shubham Thakur         2211981385	4.	Ritu Raj Sharma	2211981311
7.         Aditya Sharma         2311981033           8.         Ansh Rana         2311981089           9.         Divyansh         2311981089           9.         Divyansh         231198104           10.         Harshit Sood         2317981104           11.         Kartik Kumar         2311981273           12.         Katyaini Chauhan         2311981624           13.         Nishant         2311981354           14.         Saksham Thakur         2311981624           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981633           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231198100           20.         Anushka Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211981385           28.         Tarun Rana         2211981385	5.	Simran Thakur	2211981387
8.         Ansh Rana         2311981089           9.         Divyansh         2311981191           10.         Harshit Sood         2317981104           11.         Kartik Kumar         2311981273           12.         Katyaini Chauhan         2311981273           13.         Nishant         2311981354           14.         Saksham Thakur         2311981354           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231198100           20.         Anushka Sharma         231198100           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2211985007           25.         Saneha Bhatia         2211985047           27.         Shubham Thakur         2211981385           28.         Tarun Rana         2211985052           29.         Jogender         2213986021	6.	Aditya	2311981034
9.         Divyansh         2311981191           10.         Harshit Sood         2317981104           11.         Kartik Kumar         2311981273           12.         Katyaini Chauhan         2311981273           12.         Katyaini Chauhan         2311981624           13.         Nishant         2311981354           14.         Saksham Thakur         2311981448           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231198100           20.         Anushka Sharma         231798101           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2211985007           24.         Anshul Garg         2211985047           27.         Shubham Thakur         2211981385           28.         Tarun Rana         2211985052           29.         Jogender         2213986021     <	7.	Aditya Sharma	2311981033
10.         Harshit Sood         2317981104           11.         Kartik Kumar         2311981273           12.         Katyaini Chauhan         2311981624           13.         Nishant         2311981354           14.         Saksham Thakur         2317981101           16.         Ujval Singh         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231798101           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985044           26.         Shreni Kaushal         2211985047           27.         Shubham Thakur         2211981385           28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981021 <td>8.</td> <td>Ansh Rana</td> <td>2311981089</td>	8.	Ansh Rana	2311981089
11.         Kartik Kumar         2311981273           12.         Katyaini Chauhan         2311981624           13.         Nishant         2311981354           14.         Saksham Thakur         2311981354           14.         Saksham Thakur         2311981448           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231798101           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2211985044           26.         Shreni Kaushal         2211985047           27.         Shubham Thakur         2211985047           27.         Shubham Thakur         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981021	9.	Divyansh	2311981191
12.         Katyaini Chauhan         2311981624           13.         Nishant         2311981354           14.         Saksham Thakur         2311981354           14.         Saksham Thakur         2311981448           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         231198100           20.         Anushka Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2211985047           25.         Saneha Bhatia         2211985047           27.         Shubham Thakur         2211985047           27.         Shubham Thakur         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	10.	Harshit Sood	2317981104
13.         Nishant         2311981354           14.         Saksham Thakur         2311981354           14.         Saksham Thakur         2311981354           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985047           27.         Shubham Thakur         2211981385           28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981021	11.	Kartik Kumar	2311981273
14.         Saksham Thakur         2311981448           15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985047           27.         Shubham Thakur         2211985047           27.         Shubham Thakur         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	12.	Katyaini Chauhan	2311981624
15.         Saransh Aggarwal         2317981101           16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985044           26.         Shreni Kaushal         2211985047           27.         Shubham Thakur         2211985047           27.         Shubham Thakur         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	13.	Nishant	2311981354
16.         Ujval Singh         2317981106           17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         2311981209           20.         Anushka Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985047           27.         Shubham Thakur         2211985047           27.         Shubham Thakur         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	14.	Saksham Thakur	2311981448
17.         Vikarshit         2311981583           18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         2311981209           20.         Anushka Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985047           27.         Shubham Thakur         2211985047           27.         Shubham Thakur         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	15.	Saransh Aggarwal	2317981101
18.         Yuvraj Randhawa         2311981603           19.         Guddu Kumar Sharma         2311981209           20.         Anushka Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985044           26.         Shreni Kaushal         2211985047           27.         Shubham Thakur         2211981385           28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	16.	Ujval Singh	2317981106
19.         Guddu Kumar Sharma         2311981209           20.         Anushka Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985044           26.         Shreni Kaushal         2211985047           27.         Shubham Thakur         2211985047           28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	17.	Vikarshit	2311981583
20.         Anushka Sharma         2317981011           21.         Mannu         2316981050           22.         Akshita         2211981044           23.         Ankesh Kumar         2211985007           24.         Anshul Garg         2213986005           25.         Saneha Bhatia         2211985044           26.         Shreni Kaushal         2211985047           27.         Shubham Thakur         2211985047           28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	18.	Yuvraj Randhawa	2311981603
21.       Mannu       2316981050         22.       Akshita       2211981044         23.       Ankesh Kumar       2211985007         24.       Anshul Garg       2213986005         25.       Saneha Bhatia       2211985044         26.       Shreni Kaushal       2211985047         27.       Shubham Thakur       2211981385         28.       Tarun Rana       2211985052         29.       Jogender       2213986021         30.       Nisha       2216981021         31.       Prity kumari       2216981025	19.	Guddu Kumar Sharma	2311981209
22.       Akshita       2211981044         23.       Ankesh Kumar       2211985007         24.       Anshul Garg       2213986005         25.       Saneha Bhatia       2211985044         26.       Shreni Kaushal       2211985047         27.       Shubham Thakur       2211981385         28.       Tarun Rana       2211985052         29.       Jogender       2213986021         30.       Nisha       2216981021         31.       Prity kumari       2216981025	20.	Anushka Sharma	2317981011
23.       Ankesh Kumar       2211985007         24.       Anshul Garg       2213986005         25.       Saneha Bhatia       2211985044         26.       Shreni Kaushal       2211985047         27.       Shubham Thakur       2211981385         28.       Tarun Rana       2211985052         29.       Jogender       2213986021         30.       Nisha       2216981021         31.       Prity kumari       2216981025	21.	Mannu	2316981050
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26.         Shreni Kaushal         2211985047           27.         Shubham Thakur         2211981385           28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	24.	Anshul Garg	2213986005
27.         Shubham Thakur         2211981385           28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	25.	Saneha Bhatia	2211985044
28.         Tarun Rana         2211985052           29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	26.	Shreni Kaushal	2211985047
29.         Jogender         2213986021           30.         Nisha         2216981021           31.         Prity kumari         2216981025	27.	Shubham Thakur	2211981385
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	30.	Nisha	2216981021
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32.         Shivani Thakur         2216981031	32.	Shivani Thakur	2216981031



# EARLY LIFESTYLE CHANGES

"The greatest wealth is the health"

#### Name of Event: Early lifestyle changes

Date: 07 November, 2024

<u>Aim:</u> A session about the path to live a healthy lifestyle in this era and living disease free.





## Early lifestyle changes

On November 7, 2024, a special session was held for the NCC cadets of Chitkara University, Himachal Pradesh, honoured by the presence of Lieutenant General Narendra Kotwal from AFMC currently working as Director Endocrinology at Paras Hospital. The Lieutenant General, decorated with the AVSM, VSM, and SM, engaged with 41 cadets, sharing invaluable insights on maintaining a healthy lifestyle and living a disease-free life.

He began by warmly acknowledging the cadets and emphasizing the importance of exercise in daily life, highlighting the long-lasting positive effects it brings. He discussed key principles for a fulfilling life and encouraged the adoption of healthy living standards. He advised cadets to eat clean, avoid junk food, and minimize the use of plastic in daily life. Additionally, he explained the unique role of the Army Medical Corps in maintaining the health and readiness of soldiers across diverse terrains and challenging conditions. Through personal stories, he illustrated what it means to lead in the armed forces, emphasizing the values of courage, resilience, and empathy. He encouraged the cadets to pursue their dreams with dedication. He reminded them that their efforts, discipline, and service would serve as a foundation of strength for the nation.

This session with Lieutenant General Kotwal was a remarkable experience for the cadets, leaving them both motivated and well-informed.





Early lifestyle changes Cadets List		
S. No.	Name	University ID
1.	Abhinash	2411981024
2.	Adarsh Chandel	2417981007
3.	Aryan Patyal	2413986008
4.	Aarav	2411981004
5.	Aryan Thakur	2411981133
6.	Chetna	2411981170
7.	Eddam Goyal	2411981206
8.	Laksh Rathor	2411981306
9.	Lovkesh	2411981316
10.	Manik kaushal	2411981321
11.	Aniket Saini	2411981079
12.	Aditya Sharma	2411981041
13.	Parth Grover	2417981100
14.	Sakshi chopra	2416981041
15.	Saurav sharma	2411981514
16.	Shivangi garg	2 <mark>4179</mark> 81076
17.	Shubham Thakur	2411981543
18.	Tarun	2411981582
19.	Tanmay Garg	2411981573
20.	Varinder Singh	2411981615
21.	Vedanshi	2411981618
22.	Vishesh	2411981623
23.	Abhinav Singh	2411981026
24.	Niharika	2417981582
25.	Aditya	2311981033
26.	Ansh Rana	2311981089
27.	Divyansh Kumar Sharma	2311981191
28.	Guddu Sharma	2311981209
29.	Harshit Sood	2317981104
30.	Kartik Kumar Agnihotri	2311981273
31.	Katyaini Chauhan	2311981624
32.	Nishant	2311981354
3 <mark>3</mark> .	Saksham Thakur	2311981448
<mark>34</mark> .	Ujval Singh	2317981106
3 <mark>5.</mark>	Vikarshit Singh	2311981583
3 <mark>6.</mark>	Yuvraj Randhawa	2311981603
3 <mark>7</mark> .	Aman Birthal	2211981045
38.	Lakshay Tiwari	2217981039
39.	Ritu Raj Sharma	2211981311
40.	Simran Thakur	2211981387
41.	Kamal Singh	2211981186



# NCC DAY CELEBRATION 2024

"Unity and Discipline"

Name Of Event: NCC Day Celebration: 2024

Date: 24 November, 2024

Aim: To celebrate 76<sup>th</sup> National Cadet Corps Raising day.



### NCC Day Celebration

On 24<sup>th</sup> November, 2024, the cadets of Chitkara University, Himachal Pradesh, celebrated the 76<sup>th</sup> NCC Day with enthusiasm and dedication. The event was a perfect blend of learning, discipline, and camaraderie, reflecting the spirit of the National Cadet Corps. A total of 60 Cadets participated in the complete day event, consisting of Trekking, NCC Pledge, Lecture, PPT and Cultural Night. The event was headed by ANO Capt. Anil Rana Sir along with PI Sub. Maj. Madan Lal Sir.

The day began before dawn at 05:00 a.m. with a trek to the Shiv Temple of approx. 4 KM. Cadets performed yoga at sunrise, promoting physical and mental well-being. Further, they moved to the riverside, where a survival task was introduced. Cadets were divided into four teams and challenged to light a fire and prepare a meal using natural resources within a fixed time. The exercise emphasized teamwork, resourcefulness, and survival skills. After completing the tasks, cadets returned to the university, where they were welcomed with refreshments; concluding the morning session. In the afternoon, the activities commenced with the cadets taking the NCC pledge, reaffirming their commitment to discipline and service. A Self-Analysis and SSB session were conducted where cadets reflected on their strengths, weaknesses, opportunities, and threats, setting personal and professional goals. The evening session included cultural performances, showcasing various dance forms and celebrating diversity. Fun activities and group dances brought energy and joy to the gathering. The day was concluded with "Bada Khana," where all the cadets dined together, fostering unity and camaraderie.

The 76<sup>th</sup> NCC Day was celebrated with the aim to enjoy, learn, grow and the event successfully achieved its purpose, leaving the cadets highly motivated and inspired.





NCC DAY Cadets List		
S. No.	Name	University ID
1.	Aarav Guleria	2411981004
2.	Abhinash Tutania	2411981024
3.	Abhinav Singh	2411981026
4.	Adarsh Chandel	2417981007
5.	Aditya Sharma	2411981041
6.	Aniket Saini	2411981079
7.	Aryan Malik	2411981126
8.	Aryan Patyal	2413986008
9.	Aryan Thakur	2411981133
10.	Chetna	2411981170
11.	Eddam Goyal	2411981206
12.	Laksh Rathor	2411981306
13.	Lovkesh	2411981316
14.	Manik Kaushal	2 <b>4</b> 11981321
15.	Parth Grover	2417981100
16.	Sakshi	2416981041
17.	Saurav Sharma	2411981514
18.	Shivangi Garg	2 <mark>4</mark> 17981076
19.	Shubham Thakur	2411981543
20.	Sudeep Singh	2413986049
21.	Tanmay Garg	2411981573
22.	Tarun	2411981582
23.	Varinder Singh	2411981615
24.	Vedanshi	2411981618
25.	Vishesh	2411981623
26.	Aditya	2311981034
27.	Aditya Sharma	2311981033
28.	Ansh Rana	2311981089
29.	Aryan Thakur	2311981125
<mark>3</mark> 0.	Divyansh Kumar Sharma	2311981191
<mark>3</mark> 1.	<mark>Gu</mark> ddu Kumar Sharma	2311981209
32.	Harshit Sood	2317981104
33.	Kartik Kumar Agnihotri	2311981273
34.	Katyaini Chauhan	2311981624
35.	Lalit Chaturvedi	2311981310
36.	Mannu	2316981050
37.	Nishant	2311981354
38.	Shivansh	2311981480
39.	Saksham Thakur	2311981448
40.	Saransh Aggarwal	2317981101

41.	Ujval Singh	2317981106
42.	Vikarshit Singh	2311981583
43.	Yuvraj Randhawa	2311981603
44.	Akshita	2211981044
45.	Aman Birthal	2211981045
46.	Ankesh Kumar	2211985007
47.	Anshul Garg	2213986005
48.	Gaurav Sharma	2213986016
49.	Jogender	2213986021
50.	Kamal Singh	2211981186
51.	Lakshay Tiwari	2217981039
52.	Nisha	2216981021
53.	Prity Kumari	2216981025
54.	Ritu Raj Sharma	2211981311
55.	Saneha Bhatia	2211985044
56.	Shivani Thakur	2216981031
57.	Shreni Kaushal	2211985047
58.	Shubham Thakur	2211981385
59.	Simran Thakur	2211981387
60.	Tarun Rana	2211985052



# CLEANLINESS DAY

"A clean place is a happy place."

#### Name Of Event: Cleanliness day

Date: 26 September, 2024

<u>**Aim:**</u> To promote cleanliness and environmental awareness among the society.



## Cleanliness day

On 26 September 2024, NCC Cadets of Chitkara University, Himachal Pradesh, celebrated Cleanliness Day on the theme "Swabhay Swachhata- Sanskar Swachhata" dedicated to promoting awareness regarding cleanliness and hygiene among the students. A total of 43 NCC Cadets participated enthusiastically in the event. This act of awareness was successfully conducted under the presence of ANO Capt. Anil Rana Sir.

The event started with the cadets marching and enchanting the slogan related to cleanliness. Throughout the drive, the cadets cleaned the surroundings and collected the waste. It was followed by a lively photo session featuring ANO Capt. Anil Rana Sir and other officials of the university. They also planted a few trees in the university campus under the mission "EK PED MAA KE NAAM" promoting a green and clean environment. Further, Cadets participated in the poster-making competition, highlighting the importance of a clean environment. This task helped the cadets to draw their imaginative and innovative thoughts in making the surroundings clean and healthy. Few cadets were facilitated as their poster stood out different from others, delivering a message to the community. Cadets also delivered speeches, encouraging the use of recyclable material, proper disposal of waste, and how an individual can contribute positively in making a clean and happy society. All these activities encouraged the cadet towards critical thinking and made them realize their responsibilities towards the nation and society.

At last, cadets were provided with refreshments, and they all were enlightened towards their social and moral duties. The initiative not only contributed to a clean environment but also played an important role in building a healthier environment.





Cleanliness Day Cadets List		
S. No.	Name	University ID
1.	Aman Birthal	2211981045
2.	Rituraj Sharma	2213981311
3.	Simran Thakur	2211981387
4.	Aditya	2311981034
5.	Aditya Sharma	2311981033
6.	Ansh Rana	2311981089
7.	Harshit Sood	2317981104
8.	Kartik Kumar	2311981273
9.	Nishant	2311981354
10.	Saksham Thakur	2311981448
11.	Saransh Aggarwal	2317981101
12.	Ujval Singh	2317981106
13.	Vikarshit	2311981583
14.	Yuvraj Randhawa	2311981603
15.	Guddu Kumar Sharma	2311981209
16.	Anushka Sharma	2317981011
17.	Lalit Chaturvedi	2311981310
18.	Akshita	2211981044
19.	Saneha Bhatia	2211985044
20.	Shreni Kaushal	2211985047
21.	Tarun Rana	2211985052
22.	Jogender	2213986021
23.	Chetna	2411981170
24.	Muskan Malik	2416981031
25.	Sakshi	2416981041
26.	Vedanshi	2411981618
27.	Adarsh	2417981007
<mark>28.</mark>	Saurav Sharma	2411981543
29 <mark>.</mark>	Varinder	2411981 <mark>61</mark> 5
30 <mark>.</mark>	Aryan	2411981133
<mark>31</mark> .	Sudeep	2413986049
32.	Eddam	2411981206
33.	Manik	2411981321
34.	Aryan Malik	2411981126

Γ	25	L ovikash	2411021216
-	35.	Lovkesh	2411981316
	36.	Parth	2417981100
	37.	Shubham Thakur	2411981543
	38.	Aarav	2411981004
	39.	Aryan	2413986008
	40.	Laksh Rathode	2411981306
	41.	Vishesh	2411981623
	42.	Tanmay Garg	2411981573
	43.	Abinash	2411981024