

REVERBERATION



By Chitkara University College of Nursing, Himachal Pradesh



INSIDE THE ISSUE

Events Conducted by CUCN:

- ✓ Module on Skilled Birth Attendant
- ✓ Workshop, on “Ingenious Nutrition: Transforming Health through Food.”
- ✓ Workshop on elective module entitled “Revamping Mental Health with Innovations in CBT”
- ✓ Oath Taking Ceremony
- ✓ Workshop on Breastfeeding
- ✓ Farewell of batch 2020 “Whispers of Time”
- ✓ Expert session on “LUMINA ONCOLOGY: RAY OF LIFE”
- ✓ “DEEKSHARAMBH 2024” Orientation Program
 - Session on “Venture Setting”
 - Celebration of International Youth Day & Sessions on "Empowering Young Minds: Enriching Tomorrow" & “Harmonious Horizon”
 - Placement Session
 - Session on Improving Communication & Soft skills
 - Session on Cyber Security
 - Celebration of 78th Independence Day
 - Session on “Awareness on human dignity, understanding and respecting diverse cultural perspectives.”
 - Session on “Mindfulness: The Path to inner peace”
 - Session on “Empower Your Profile, Enrich Your Global Experience”
 - Session on “Exploring University Clubs”
 - Session on “Centre of excellence for sustainability”
- ✓ Role Play on “Patient Safety Day”

EVENTS CONDUCTED BY CUCN

Module on “Skilled Birth Attendant”

Chitkara University College of Nursing, Himachal Pradesh has organised three days "Skilled Birth Attendant Module-I" for B.Sc. Nursing 6th semester students from 10th July -12th July, 2024.

The session was aligned with the SDG 3 i.e. Good Health and well-being, and SDG 4 (Quality Education) & NEP 1 (Multi-disciplinary and holistic education). The main objective was to provide quality education regarding caliber care in antenatal, intranatal and postnatal period.

There was total 39 onlookers of B.Sc. Nursing 6th semester who participated in theoretical and practical sessions. Ms. P. Sabitha, Ms. Sakshi, Ms. Ranjana Dhiman, Ms. Bijjaluxmi, Ms. Aakanksha, Ms. Manpreet, Ms. Diksha, Ms. Shivangi, Ms. Simran were resources persons for the module and they have shared their valuable expertise regarding different topics. Students have gained plethora of knowledge regarding various aspects of midwifery. On 3rd day post-test and OSCE was planned to assess the knowledge and skills of students.

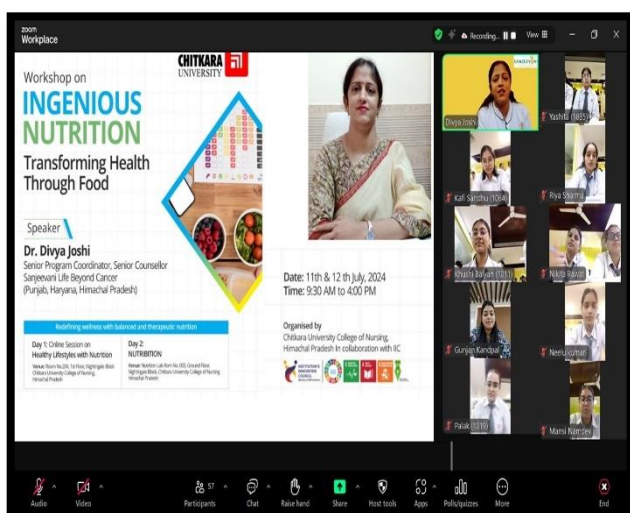


Workshop on “Ingenious Nutrition: Transforming Health through Food.”

Chitkara University College of Nursing hosted a two-day workshop, on “Ingenious Nutrition: Transforming Health through Food” on 11th & 12th July 2024.

On day 1: Dr. Divya Joshi, Senior Program Coordinator and Counselor at Sanjeevani Life Beyond Cancer, delivered an online session highlighting the significance of holistic nutrition and healthy diets. Madam discussed the growing demand for healthy lifestyles, the shift away from processed foods, and cutting-edge methods like Sous vide cooking and Molecular gastronomy that preserve nutritional value.

On day 2: Students showcased therapeutic diet for various health categories (diabetes, underweight, hypertension, lactating mothers) at the "Nutribition" which signifies innovative food preparation and storage techniques. This nutrition demonstration enriched their skills and enhanced in application in the clinical and community settings. The workshop further focused on transforming health through innovative cooking practices and technologies.



Workshop on “Revamping Mental Health with Innovations in CBT”

Chitkara University, Himachal Pradesh, in partnership with IIC, hosted a pioneering workshop on elective module entitled 'Revamping Mental Health with Innovations in CBT' from July 22-24, 2024. This comprehensive program aimed to empower students with a deep understanding of Cognitive Behavioral Therapy (CBT) principles, enabling them to:

- Develop self-awareness and introspection
- Master reframing techniques and coping strategies
- Leverage cutting-edge advancements and innovative approaches in mental health promotion

Experts led engaging sessions, emphasizing the significance of CBT in modifying cognitions and behaviors in an individual with mental health conditions. Students were introduced to innovative techniques including:

- Virtual Reality Exposure Therapy (VRET)
- Neurocognitive Approaches
- Mindfulness and Acceptance-Based Strategies
- Self-paced mobile applications

Further, these sessions equipped students to establish effective action plans and therapeutic relationships with patients in clinical settings. The workshop was a resounding success, providing a rich and memorable learning experience.



“Oath Taking Ceremony”

Chitkara University College of Nursing organized an Oath Taking ceremony on 26-07-24 for B.Sc. Nursing 1st year students as tribute to Florence Nightingale "The lady with the lamp". The Nursing Oath symbolizes the dedication and responsibilities of the nurses in providing high quality health care, maintaining patient dignity, and upholding ethical standards. This event also fulfills the goals of SDG-3 and NEP-1. This ceremony formally declares the student's desire and entry into the nursing profession.

The event started with the welcome address by Ms. Simran, Nursing tutor. The ceremonial lamp was lit by Nursing faculty and the light was passed by Principal to the Novice Nurses. Ms. Ranjana Assistant Professor, verbalized Nursing pledge which was recited by the first-year students. The event concluded with the inspirational speech by Prof Maheshwary and a video played depicted on commitment and compassion practiced in this noblest profession.



Workshop on “Closing the gap, breastfeeding support for all”

Chitkara University College of Nursing organized a workshop on Breastfeeding: A key to unlocking optimal health under the theme " Closing the gap, breastfeeding support for all " on 30-07-24 Organised by 4th year B.Sc. Nursing as a part of their curriculum in "Nursing management and leadership" course.

The main objective of the workshop is to develop skills in planning and organizing a workshop and also to enhance the knowledge on the topic of physiology and techniques in breastfeeding, their advantages and disadvantages. This event also fulfills the goals of SDG-3 and SDG-4 and NEP-1.

A preliminary test was conducted to select 3 teams with 3 members in each. The quiz competition comprised of 5 rounds, direct question round, buzzer round, identification of medical condition through pictures and rapid fire round. The students participated enthusiastically with full team spirit.

A part from this there was also an online expert lecture by Ms. Navjot Kaur, Associate Professor, AIIMS Bhatinda, on Impact of breastfeeding on mental health of the mother and the baby. The workshop was a resounding success, providing a rich and memorable learning experience.



FAREWELL OF Batch 2020 "WHISPERS OF TIME"

Chitkara University College of Nursing has organized farewell for the B.Sc. N 4th year with the theme "WHISPERS OF TIME" on 31st July, 2024 in Himalaya Hall from 10:30 am to 4:00 pm.

This event was organized by the students of 6th Semester to bid a heartfelt retreat to their seniors and reflected on the core memories and achievements during their college journey, covering the SDG-7 (Affordable & Clean Energy). The event started with lighting the ceremonial lamp and a classical dance. The outgoing batch students contested in a ramp walk comprising 3 rounds - introductory round, personality round & intellectual round for the selection of MISS Farewell. In addition, the program featured different cultural performances including fusion dances, group dance, singing, poetry adding a lively and vibrant mode to the event.

Honorable Chancellor of Chitkara University, Dr. Ashok Chitkara bestowed his blessings to the graduating students and wished them for a bright future ahead. Dr. Meenu Khurana (Pro Vice Chancellor, Chitkara University), along with Prof. M. Maheshwary (Principal, Chitkara University College of Nursing), Ms. Navdeep (Vice principal, College of Nursing) felicitated the winners and expressed their wishes to all farewell students for their prosperous future. The event end with a heart touching video dedicated to the graduating students prepared by the 6th semester students compiled with the videos and photographs of the students' university journey, evoking a sense of nostalgia among the student



EXPERT SESSION

“LUMINA ONCOLOGY: RAY OF LIFE”

Chitkara University College of Nursing has organized an Expert Talk with Paras Hospital Panchkula, Haryana with the theme "Lumina Oncology: Ray of Life" for the B.Sc. N 4th semester on 02nd August 2024 at the conference hall of Paras Hospital from 12:00 pm to 1:00 pm to achieve SDG-3 (Good Health and Wellness), SDG-4 (Quality Education) and NEP- 1(Multi- Disciplinary and Holistic Education).

The main objectives of this event are to explore the recent breakthroughs and innovative treatments in the cancer treatments. It also highlights the impact of these advancements on patient care and outcomes. The speaker for the session was Dr. Parneet Singh Consultant Radiology Department Paras Hospital Panchkula.

The session was highly informative, highlighting types of radiation therapy, difference between the energy of X-ray and radiation therapy, ALARA principle of radiation therapy that caters for the safety of patients and health caregivers, and precautions taken for caring for the patient with sealed and unsealed radiation therapy. The content has been found particularly relevant by students for building essential skills needed for providing patient care in the Oncology unit. The engaging discussion and clinical scenarios activities provided a comprehensive understanding of advancements in radiation therapy for cancer treatment.



“DEEKSHARAMBH 2024”

Orientation Program

Chitkara University College of Nursing, Himachal Pradesh organized a 21-days orientation program from 1st to 22nd August 2024. On the Zero-day event “DEEKSHARAMBH 2024” started on August 1st 2024 with the grace of almighty and ambitious prayers and wishes from Chancellor Sir and Pro-Chancellor Madam focused on academic orientation, university policies and regulations, an overview of the curriculum and departments, and various mind-body interventions including the Art of Living. The team of nursing faculties and administrative staffs facilitated the process with the direction of Hon'ble VC sir and Registrar Sir and guidance Principal and Vice Principal of Chitkara University College of Nursing, Himachal Pradesh. In the end of the day a total of 47 students completed the admission session.

Day:1 The day began with a welcome address delivered by Ms. Aakanksha Sankhyan, Assistant Professor, CUCN and Ms. Sakshi Tomar, Assistant Professor, Chitkara University College of Nursing, Himachal Pradesh who warmly welcomed the new batch of 2024. The day included a virtual tour of the campus, along with inspiring insights from Hon'ble Chancellor Dr. Ashok Chitkara and Hon'ble Pro Chancellor Dr. Madhu Chitkara. An enlightening session was presented by Dr. Rajnish Sharma, Hon'ble Vice Chancellor of Chitkara University bestowed his wishes and congratulated to get through in their selection to the noblest profession. Sir motivated the young girls to enhance a holistic growth by exploring their potentials during their academic journey. Followed by the speech, Prof. M. Maheshwary, Principal, sensitized to embrace compassion in the nursing profession by sharing her experience and an emotional video on the magic of healing touch. The day concluded with a tour of the campus.

Day 2: It was led by Ms. Neha Sharma, Assistant Professor, and Ms. Diksha Thakur, Nursing Tutor, Chitkara University College of Nursing, Himachal Pradesh who began with an overview of the previous day's orientation program. Ms. Poluru Sabitha, SNA Advisor shared valuable insights about the Student Nurses Association (SNA), the Trained Nurses Association of India (TNAI), and the associated benefits.



Dr. Minaxi Dasi, Assistant Dean of the Student Mentorship Department, provided comprehensive information on the mentor-mentee relationship, outlining its roles and responsibilities for ensuring smooth operations in both academic and non-academic areas. The day concluded with students enjoying indoor games at the sports complex under the supervision of Ms. Preeti Chauhan.

Day 3: The day started with a session by Dr. Anand Jha, featuring a Mind-Body Intervention: An Art of Living session led by Mr. Sanchit Jain. This session aimed to foster a positive and resilient mindset while cultivating gratitude and appreciation for life. Additionally, students residing on campus participated in enjoyable activities organized by volunteer students.

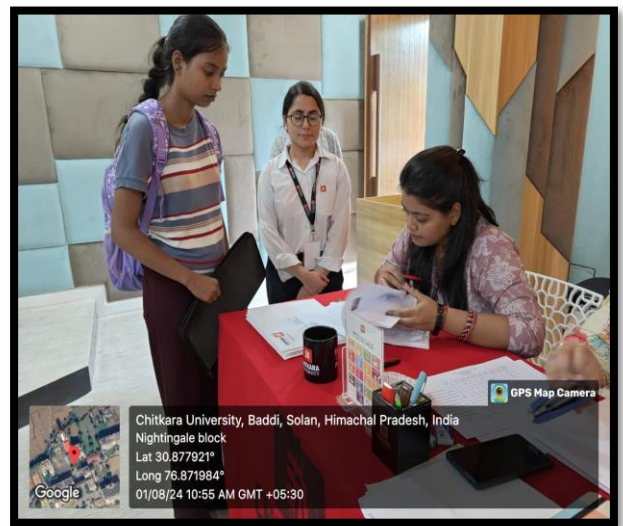
Day 4: Dr. Sandhya Sharma, Assistant Dean of the Innovation and Consultancy Cell commenced her session on idea generation and patent filing. She emphasized how students can create innovative solutions to address real-world challenges and illustrated how this aligns with the organization's goals and objectives.

Day 5: was facilitated by Dr. Hemlata and Mr. Gurudev, who introduced the new students to the library's resources and services. Students learned about the digital catalog and database, as well as how to locate books, journals, and other materials to identify credible information which is essential for their academic success.

Day 6: Ms. Twinkle, Student Counsellor conducted a session aimed at empowering students to take charge of their academic and personal lives. She provided valuable guidance on navigating challenging situations by enhancing emotional intelligence and overall well-being.

Day 7: A fruitful interaction between students and faculty accompanied by unveiling the hidden gems among our new students were conducted. There were total 55 students who have attended the session. The goal was to inspire and motivate participants to showcase their unique abilities while celebrating and discovering the hidden talents from within.

In conclusion, the first week of the orientation program has been a remarkable success. Through a variety of engaging activities and sessions, students have started to build connections, cultivate essential skills, and gain valuable insights into both academic and campus life. It has been encouraging to witness our students actively participating, asking insightful questions, and displaying enthusiasm for their academic journey. As we progress, we are committed to supporting our students' growth, offering guidance, and nurturing a sense of belonging. The program will extend two more weeks. We eagerly anticipate the remarkable achievements and accomplishments of our aspirants.





DEEKSHARAMBH 2024

SESSION ON “VENTURE SETTING”

Chitkara university College of Nursing has organised a session on Venture setting as a part of Deeksharambh 2024 to fuel the entrepreneurial spirit among freshers of batch 2024 on 9th August 2024 at 11am. The session was taken by Mr. Gaurav Mahajan, Director CEED. The main objective was to inspire and educate students on the basics of entrepreneurship and startup creation. He introduced to entrepreneurship, explained the importance and illustrated success stories and its benefits. Sir also emphasized on idea generation and how to bring the idea on canvas. Furthermore, he has motivated students to stay curious and keep learning as entrepreneurship is about solving real-world problems and creating value. In conclusion, take-away message from the session was that starting a startup is a challenging yet rewarding journey. It takes courage, resilience, and determination to turn ideas into reality and Chitkara University is always there to provide guidance and support our students.





“DEEKSHARAMBH 2024”
Celebration of International Youth Day
&
Sessions on "Empowering Young Minds: Enriching Tomorrow"
“Harmonious Horizon”

In continuation of Orientation Program, "DEEKSHARAMBH 2024," for the nursing students of the 2024 batch, on the ninth day of the orientation program, Chitkara university College of Nursing celebrated International Youth Day in collaboration with Department of Student Welfare on 10th August, 2024. The theme of the event was "Empowering Young Minds: Enriching Tomorrow." which was focused on the importance of "Youth Digital Pathways for Sustainable Development." The primary objective was to promote sustainable development by transforming the digital landscape for young people. Our esteemed speakers, including Mr. T. Gopi Nath, Mr. Aaditya Takyal, and Dr. Vivek Dwivedi, engaged in a panel discussion that addressed critical topics such as climate changes, sustainable development goals, youth unity, and empowerment. The discussion concluded with insights on harnessing youth power and the role of artificial intelligence in global development.

On the tenth day (11th August 2024), an event was organized for students residing in the hostel with the theme "Embracing Cultural Diversity & Building Connections." The event was coordinated by Ms. Neha Sharma, Assistant Professor and Diksha Thakur, Nursing Tutor, Chitkara University College of Nursing. The senior nursing students have shared their cultural values and showcased various folk performances to illustrate their cross-cultural experiences. The cultural exchange was a valuable experience for new students which helped them to feel more connected and comfortable with peers and to the campus environment.

On the eleventh day, an event titled “Harmonious Horizon” was organized in collaboration with the Department of Student Welfare on 12th August, 2024. The resource person for the event was Dr. Amit Chaudhary, Professor at the School of Pharmacy, Chitkara University. The session was aimed to raise awareness about the importance of a ragging-free environment, highlighting the negative impacts of ragging while promoting empathy. This session fostered a sense of belonging and well-being, where students feel safe, respected, and empowered which ultimately help to create a positive and supportive campus culture that benefits everyone.

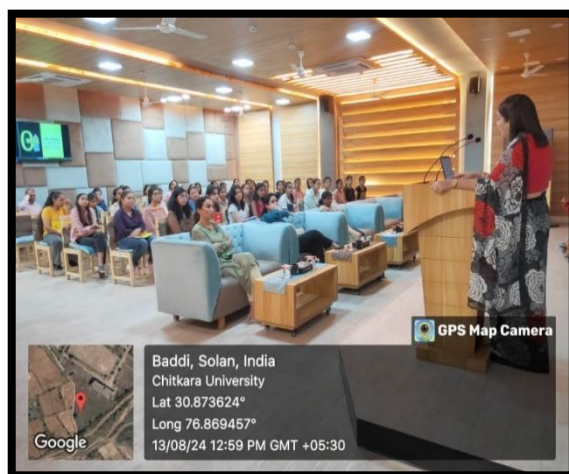


“DEEKSHARAMBH 2024”

Placement Session

Chitkara University College of Nursing has organized a placement session under Orientation Program DEEKSHARAMBH 2024 for new students of B.Sc. Nursing batch 2024. The theme of the session was “Igniting Career Potential; Craft Your Professional Journey”. The session was held on 13th August 2024 at 12 pm with the aim to inspire students to take proactive steps in identifying their strengths, interests, and career goals and to provide insights into the placement process.

The guest speaker, Ms. Gurinder, MHA, Chief Nursing Officer, Alchemist Hospital, Panchkula has shared expertise on concept of modern Nursing, career path and advancements in the field of Nursing. Furthermore, Mr. Ravinder, Placement Administrator along with his team of Career Advancement Services for placement from Chitkara University, Punjab has facilitated the event. He shared career opportunities and examples with students that how essential skills and knowledge help in employability and how Chitkara university focuses on empowering students to explore and develop their unique career paths, while providing practical tools and resources to help them navigate their professional journeys.

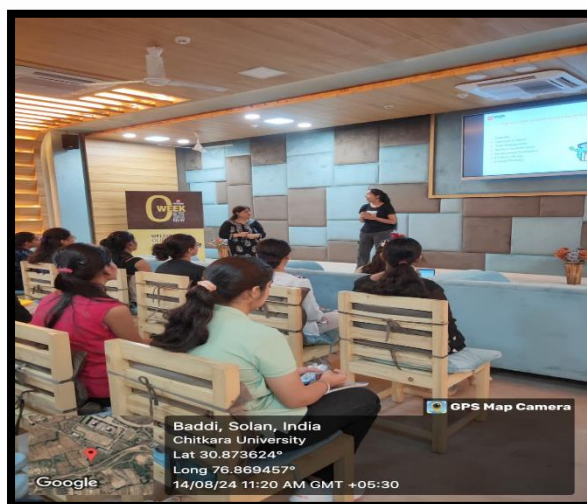
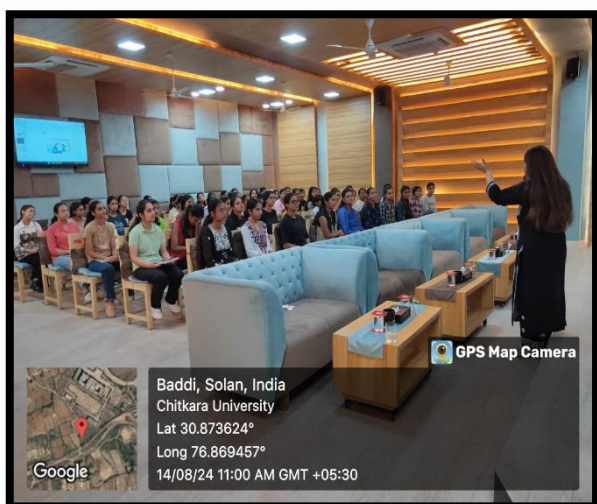


“DEEKSHARAMBH 2024”

Session on “Improving Communication & Soft skills”

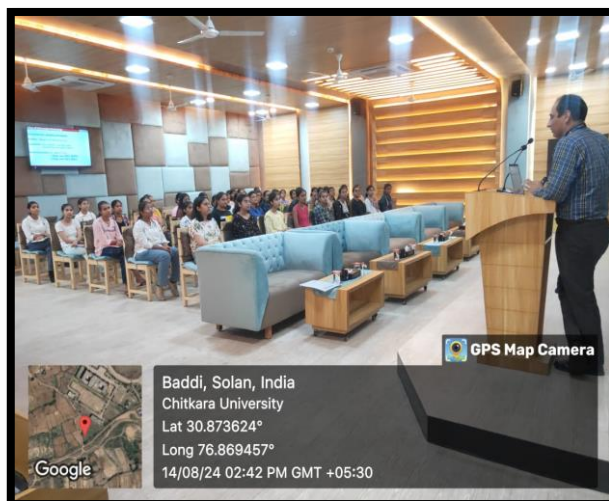
Chitkara University College of Nursing in continuation of DEEKSHARAMBH 2024 for the B.Sc. Nursing Freshers, organised two events aimed at equipping students with essential skills for their academic and professional journeys.

The first session focused on the theme "Lead with Empathy, Succeed with Soft Skills" which was facilitated by Ms. Akanksha, English Language trainer, Department of Languages at 10 am. The aim of the session was to equip students with essential interpersonal and communication skills that are crucial for both personal and professional success. She had conducted an interactive session with exercises and tips to improve communication skills and highlighted the significance of effective communication in both personal and professional contexts. The session helped students enhancing communication skills, emphasizing the crucial role of effective communication in nurturing relationships and achieving success.



“DEEKSHARAMBH 2024” Session on “Cyber Security”

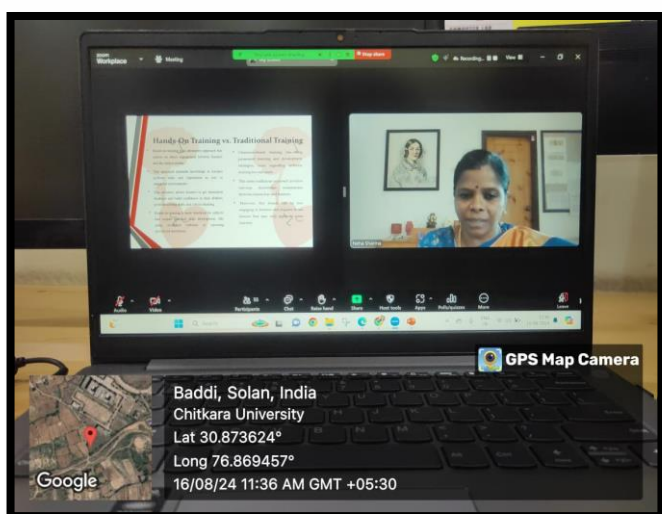
Chitkara University College of Nursing in continuation of DEEKSHARAMBH:2024 for the B.Sc. Nursing Freshers conducted a session on cyber security. The session was taken by Mr. Gulshan Matta, Network Administrator, Office of Information Technology, Chitkara University. The session was held on 14th August 2024 at 2:30 pm with the theme “Be Cyber Aware, Be Cyber Secure”. This session focused on raising awareness about the critical importance of cybersecurity and providing students with effective strategies to protect themselves in the digital world. The takeaways from this interactive session included understanding password security, recognizing phishing scams and how to avoid them, ensuring safety on social media platforms and malware protection. By incorporating the best practices highlighted during the session, students can greatly diminish the risk of cyber threats and ensure a safer online presence. In conclusion, these sessions successfully equipped students with essential knowledge of cybersecurity which is vital nowadays.



Celebration of 78th Independence Day

Chitkara University College of Nursing in continuation of the 14th day of DEEKSHARAMBH: 2024 Orientation Program celebrated 78th Independence Day on 15th August, 2024 hosted by Chitkara University Himachal Pradesh. The event aimed to rekindle the spirit of nationalism among students and encourage them to work collaboratively towards a brighter future. The day festivities included flag hoisting, a disciplined march past by NCC cadets, tree plantation activities, and various cultural performances which fostered a sense of unity and inclusivity among the students.

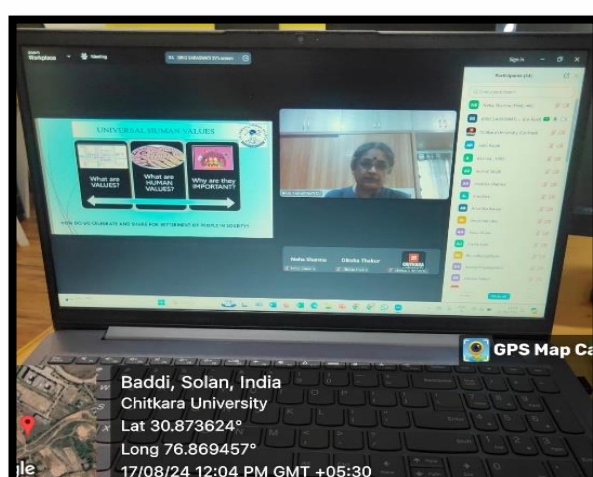
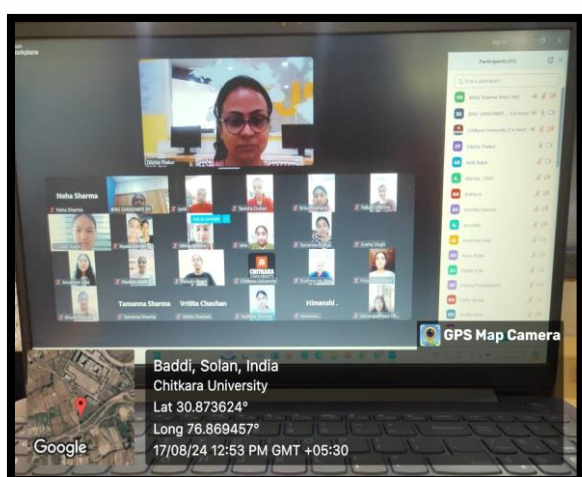
On Day 15th (August 16, 2024), the Orientation Program continued with an insightful online session led by Prof. M. Maheshwary, Principal of Chitkara University College of Nursing. The session, titled “The Hand is the Instrument of Intelligence,” focused on the theme "Learn with Your Hands, Lead with Your Skills." Prof. Maheshwary emphasized on the importance of simulation-based learning, role-play, on-the-job training, and behavior modelling in nursing course which also included the benefits and challenges of implementing hands-on training. The speaker assured Chitkara University is committed in providing an education that incorporates these practical approaches, aiming to enhance the skills in safe and learning environment. The insights gained from this session are expected to significantly aid students in developing their practical skills in clinical settings, along with shaping their cognitive and affective domains.



“DEEKSHARAMBH 2024”

Session on “Raising awareness on human dignity, understanding and respecting diverse cultural perspectives”

On the of day 16th of DEEKSHARAMBH: 2024, a 21 days series, Chitkara University College of Nursing hosted an online session on August 17, 2024. The session commenced at 12:00 noon led by Brig. SV Saraswati, the Former Deputy Director General of the Military Nursing Services, HQ Delhi. The primary objective was to raise awareness on human dignity, understanding and respecting diverse cultural perspectives to incorporate these values into decision-making. Madam has highlighted the various human values and principles that transcend cultural, religious and geographical boundaries relevant to Respect for Human Dignity, Justice and Fairness, Freedom, Solidarity, Compassion & Integrity along with importance of celebrating cultural diversities & human values. This interaction focused on promoting compassionate, equitable, and high-quality patient care. Brigadier concluded that embracing shared values and diversity leads to more harmonious society with better health outcomes. This session equipped to build meaningful relationships with peers and colleagues to enhance their clinical practices and contribute to a more inclusive healthcare system.

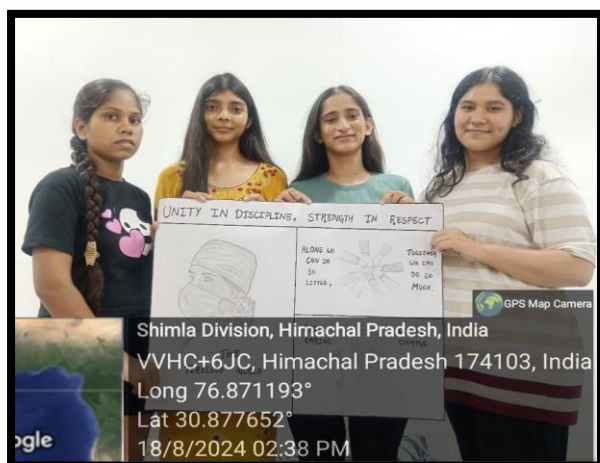


“DEEKSHARAMBH 2024”

Session on “Mindfulness: The Path to inner peace”

On the 17th day of DEEKSHARAMBH: 2024, Chitkara University College of Nursing hosted a brain storming activity and creative art for the students under the theme “Unity in Discipline, Strength in Respect” where they demonstrated their talent by creating posters based on the given theme. The primary goal of this event was to engage the students in completing the assigned task through teamwork, fostering unity, and cultivating mutual respect across all disciplines. The students participated with enthusiasm, displayed their artistic talent and creativity.

The 18th day of DEEKSHARAMBH: 2024 started with an online session on 19th August, 2024. The session commenced at 12:00 noon led by Dr. Sharadha Ramesh, Professor cum Principal, Vinayaka Mission’s College of Nursing, Puducherry. The theme of the session was “Mindfulness: The Path to inner peace” in which she emphasized on the significance of inner peace and also highlighted the practice of being fully present in the moment and adopting practices that nurture our wellbeing in all aspects. She shared strategies for integrating mindfulness into daily life, practical methods for alleviating stress and anxiety, and insights on how this journey can transform an individual’s perspective towards the life. Madam has also discussed about the key elements of mindfulness, focus on mental health and healthy relationship of an individual with each other. This session successfully introduced participants to the benefits and practices of mindfulness and with continued practice and support, help them to cultivate greater inner peace and well-being in their personal and professional life.



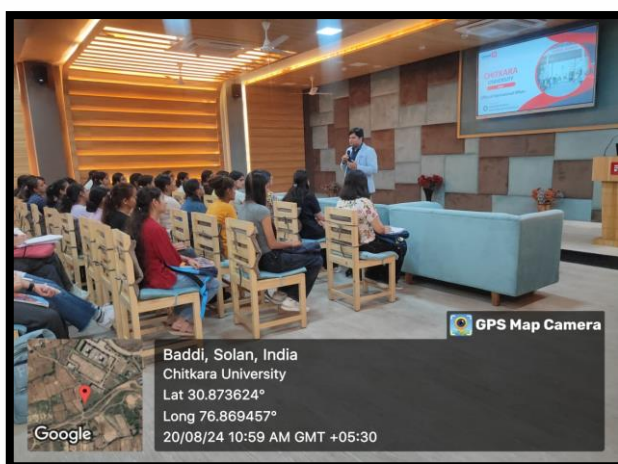
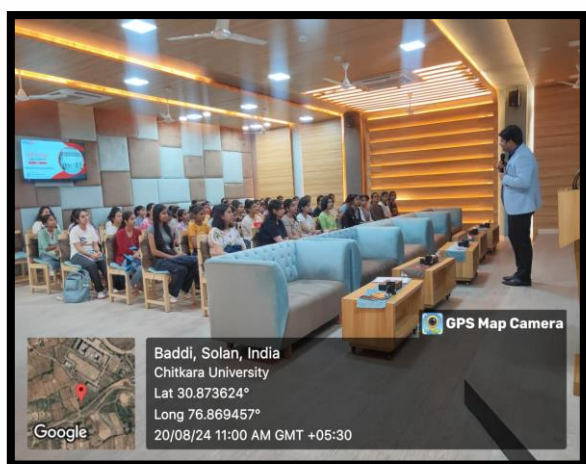
“DEEKSHARAMBH 2024”

Session on

“Empower Your Profile, Enrich Your Global Experience”

On the 19th day of DEEKSHARAMBH: 2024 Orientation Program, Chitkara University College of Nursing hosted an insightful session for first-semester B.Sc. Nursing students. The session was started at 11am on 20th August, 2024 entitled “Empower Your Profile, Enrich Your Global Experience”

Our resource person Dr. Shubham Sharma, Senior Manager, Office of International Affairs, led the discussion on profile building and international opportunities within the nursing profession. He highlighted the significance of cultivating a robust professional profile and its impact on global opportunities. Furthermore, he elaborated on how students can enhance their global visibility, acquire vital skills, and embark on transformative experiences through effective profile development. Dr. Sharma reassured students that our university will offer numerous opportunities throughout their academic journey, which will undoubtedly assist them in building their profiles and exploring international avenues.



“DEEKSHARAMBH 2024”

Session on “Exploring University Clubs”

On day 20th entitled “Discover Your Passion, Build Your Community” of DEEKSHARAMBH: 2024 Chitkara University College of Nursing in collaboration with Department of Student Welfare organised a session on “Exploring University Clubs” at 10:30am. The primary objective of the session was to provide a platform for students to explore their interests and passions beyond academics. All the presidents of clubs and NSS cadets along with team members presented their clubs. During the event, club presidents, along with NCC cadets and their team members, showcased their respective clubs. They highlighted the significance and advantages of joining these clubs, and emphasized how participation can foster connections among students with shared interests. Furthermore, through personal examples and experiences, the presenters inspired students to explore their passions, engage more actively in campus life, and build meaningful relationships within the university community.



“DEEKSHARAMBH 2024”

Session on “Centre of excellence for sustainability”

Chitkara university College of Nursing is delighted to announce that the Orientation Program, DEEKSHARAMBH:2024 was successfully ended. In continuation of club's introduction (Ecolution) session on center of excellence for sustainability was also organised for students on 21st August 2024. The session was taken by Ms. Aakanksha Sankhyan, Assistant Professor at 2:30pm. Ms. Sankhyan has introduced students about the importance of sustainability in today's world, key focus areas of center and how to get involved & engaged with center.

On Day 21st of DEEKSHAARAMBH:2024 Orientation Program, an educational visit to adopted villages was planned in collaboration with the Department of Student Welfare at 9:30 am on 22nd August 2024. The objective was to introduce students to village life & instilling a sense of social responsibility. Mr. Tapas Sharma, Senior Lab Instructor, Department of Applied Sciences along with faculty coordinators Ms. Sakshi Tomar, Assistant Professor and Ms. Aakanksha Sankhyan, Assistant Professor has done the visit with students from 9:30 am to 12 pm. During the excursion, Students have visited adopted village Kalujhanda and gained insights into their cultures and the challenges faced by the community. This visit has undoubtedly enriched the students' learning experiences, equipping them to contribute to the development of the villages through student-led projects, workshops, and initiatives in future.



Role Play on “Patient Safety Day”

On September 21st 2024, for Patient Safety Day, a role-play with the theme 2024 "Improving diagnosis for patient safety" was organized by seventh semester B.Sc. Nursing students in collaboration with Dr. Y.S. Parmar Govt. Medical College and Hospital, Nahan. The primary focus of the event is the students' act out of the significance of accurate and prompt diagnosis for patient safety and improved health outcomes.

The play was enacted in four different parts. 1. Patient Assessment, 2. The expired medication and medication error, 3. Patients treated with a single needle and 4. Taking over the counter medicine at home without a doctor's prescription and experiencing an allergic response. Role play aligned with SDG-3 (good health and well-being) and SDG-4 (quality education), NEP-1: Multidisciplinary and comprehensive education served as the event focal point.

Raising awareness about patient rights and safety was the primary goal. To exhibit their dedication to patients, the Day brings together patients, attendees, caregivers, and medical professionals.

Patients, attendees, hospital department heads, nursing officers in attendance, and hospital personnel updated their knowledge. Hospital staff also expressed gratitude for the efforts made by Chitkara University Nursing students for betterment of society.



CHITKARA
UNIVERSITY



CHITKARA
UNIVERSITY

UNIVERSITY CAMPUS

Pinjore-Barotiwala National Highway (NH-21A)
Himachal Pradesh – 174 103